

GOOD PRACTICE

Regard Ataturk and his Mother Zubeyde Hanım Running Event



City
Karşıyaka

Country
Turkey

Population
315.008

Mission
To motivate people from all ages being active, in a friendly and competitive running event.

Target Group
Citizens 10-80 years old

Highlight
The total length of the run is 4,2 km and the age limit of attendees is between 10-80 years old. All results are monitored by professional referees and listed in age categories.

Timeframe
Every year in November

Budget
4.460,00 Euro



Objectives

The event aims to promote physical activity among citizens of all ages. In order to emphasize the importance Ataturk gave to sports, the event is organized every year on the anniversary of Ataturk's death.

Description

The total length of the run is 4,2 km.

The rules and the terms of the event are set by professional sport officers. 2014 marked the 21st year of the event in Karşıyaka. Participants from other districts and cities are also welcome.

There are various categories for people aged between 10 - 80. Men compete in 15 categories, women in 13:

Men age categories: (10-12), (13-15), (16-19), (20-29), (30-34), (35-39), (40-44), (45-49), (50-54), (55-59), (60-64), (65-69), (70-74), (75-79), (80- over)

Women age categories (10-12), (13-15), (16-19), (20-29), (30-34), (35-39), (40-44), (45-49), (50-54), (55-59), (60-64), (65-69), (70- over)



All competitors are registered before the event. T-shirts and attendance documents are given to all participants . Awards are given to the winners at the end of the race.

During the event there is a traffic restriction on the 4,2 km road. The citizens cheer and support the competitors.

Results

A large number of participants always attend the running event, which got more and more popular over the years. Municipality employees and the mayor also attend the competition, to emphasize the importance of sport and active living. After the competition a ceremony is held; the mayor and the councilors give awards to the winners.

More information:

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